

Shabbos Shuk

This is a pre shabbos program which can be done on any erev Shabbos but ideally works well for this week- Performance of Mitzvos. The success of this program depends on proper time and resources. You need to make sure you have your resources well in advance.

This activity needs a good amount of time on a Friday afternoon as well as a good open space. If you don't have access to these- then save this activity for another week or another day.

Most of the activities are arts and crafts activities but you can vary them to your preference. You can make as many stations as you want.

Here are a few ideas of Round robin fun things to do or make:

1. CHALLAH BAKING:

- A. Brief intro about challah: i.e. What challah represents
- B. Instruct how to braid challah.
- C. While participants are braiding teach them deeper aspects about challah. IE: How one's *neshama yesara* allows one to handle more *gashmeos*. Why and how we wash.

Handwashing How-To:www.aish.com/shabbathowto/fridaynight/Washing_for_Bread.asp

Write names on them so we can collect and use them each shabbos.

Materials: Get in touch with the hotel and mashgiach. Ideally order one lb worth of premade dough per participant. If not than each group can make one larger challah.

2. TYE DYE CHALLAH COVERS:

Materials: Fabric and decorations, stencils, fabric markers, dye, buckets, rubber bands

Get fabric cut to size 14x16, write in Hebrew with a stencil and perm marker, perm marker for writing names, "Shabbos Kodesh" to be colored in, get dyes, find buckets and other supplies needed .

3. CHOLENT:

Make cholent to serve at the Friday night tish/oneg.

Materials: Prepare and submit a list of ingredients including volume to make three cholents and cooking utensils needed.

3 Crock pots
2 Cutting boards
2 Sharp knives
Potato peeler
10 Large potatoes
2 Onions
2lb Barley
2 kg Chulent meat
Ketchup
BBQ sauce
Pepper
Salt
Garlic pepper
Steak spice
2 cans of coke

4. SHABBAT O'GRAMS

Materials: Design, print, and bring them on program.

Can add glitter glue and other crafts to make more exciting.

5. GRAPE JUICE

Learn how to make kiddush with a grape juice making project.

1. Wash and sterilize canning jars, lids, and rings. Fill water bath pan halfway with water to boil. At the same time, fill another pan with water to boil. This water will be added to the jars.
2. Wash grapes and remove stems and any damaged fruit.
3. Measure one cup of grapes and one cup of sugar for each quart jar.
4. Add sugar and grapes to jar. Don't bother mixing—it will mix when processing.
5. Fill the jar the rest of the way with boiling water. Leave 1/2 inch headspace. Wipe jar top to clean. Screw on rings and lids fairly tight.
6. Place jars in water bath canner. Add boiling water to cover jars. Process 25 minutes.

7. Remove jars and place on rack or towel to cool. As you can see, the grapes may or may not float. Either way, the taste will be the same.

8. Serve in a pitcher with a strainer or drain juice off. Add 1/2 to one jar of water to concentrate. (Taste to decide.)

Kiddush How-To: www.aish.com/shabbathowto/fridaynight/Friday_Night_Kiddush_How_To.asp

Materials:

Pots -

Grapes - . A few pounds worth (like 4 or 5 big bunches)

Mashers -

Mesh filter -

6. GIRLS ONLY - EISHES CHAYIL AND ROSE

Learn about Eishes Chayil. Each participant gets a rose upon completion. Said after Shalom Aleichem and before blessing the children.

Materials: Roses, Collect used water bottles the day of to be used as vases, Prepare session on Eishes Chayil

Note: More Precious than Pearls, Feldheim by Rebbitzin Tziporah Heller

7. GIRLS ONLY – LEICHTER WORKSHOP

Candle lighting workshop followed by painting/decorating leichters. Hand out blessing page.

Lechbenching How-To: www.aish.com/shabbathowto/fridaynight/Candle_Lighting_How_To.asp

Supplies: http://kosherkrafts.com/products/TRAVELING_LACHTER-63-0.html

Materials: Buy paints and brushes and bring them with to Israel.

8. BESAMIM WORKSHOP

Explain havdalah. Buy large piece of fine mesh cloth and cut it up but or buy mesh bags at Amazing Savings and fill them with cloves and bay leaves and tie it with ribbon or hemp.

ROOM SETUP:

8' Tables and chairs for each station.

MUSIC: I made a one hour playlist that includes niggunim/songs that we will be singing on shabbos and songs with a shabbos theme:

1. Cracow Niggun
2. Gut Shabbos, Yisroel Williger
3. Its Time To Say Good Shabbos, Abie Rotenberg Journeys Vol 1
4. Kol Haolam Kulo
5. Niggun Nivo, Shlomo Katz
6. Shabbos Kodesh, Moshav Band
7. Shabbos Kodesh
8. Shabbos/Israel, Abie Rottenberg
9. Shema Koleinu
10. Tov Lehodos, Miami Boys Choir
11. Um dede Di, Shlomo Katz
12. Yismichu, Shlomo Katz