





WHAT DID YOU GAIN FROM THIS EXERCISE?

DID YOU LEARN SOMETHING ABOUT YOURSELF?

DO FEEL YOU HAVE A BETTER SENSE OF SELF?

WHY DID YOU CHOOSE THE VALUES YOU CHOSE?

DO YOU FEEL YOU ARE LIVING YOUR LIFE IN ACCORDANCE WITH THESE
VALUES?



The goal of the exercise:

Have the NCSY'ers think about the values they live by, why they chose those values, in order to get a better understanding of who they are.

(Pass out the headstone sheets)

HOW MANY PEOPLE HERE HAVE AN IPOD?

HOW MANY PEOPLE HERE HAVE AN IPHONE?

HOW MANY PEOPLE HERE HAVEN'T SHOWERED IN TWO DAYS (I'LL RAISE MY HAND)

HOW MANY PEOPLE HERE HAVE AN IPAD?

WHO DID WE HAVE TO THANK FOR ALL OF THESE INGENIOUS DEVICES?

Steve Jobs.

Steve Jobs will always be remembered as a visionary. He changed the face of the technological era. He was hardworking and determined to be successful. He will be remembered as a man who stood by principles such as:

"If you live each day like it will be your last, some day you will most certainly be right".

And

"Don't let the voice of other people's opinions drown out your own inner voice. You must have the courage to follow your heart and intuition" because "somehow you already know what you want and what you want to become".

The Question:



The point being when we think of Steve Jobs we immediately think of an honorable man, a man with stature, and man who left behind a legacy for all to learn from.

You all are probably wondering why I passed out a piece of paper with a headstone on it.

I want to do an exercise together.

For the next 10 minutes- I want each of you to write down what should be written on your headstone that you would most want to be remembered by.

WHAT TYPE OF PERSON DO YOU WANT TO BE REMEMBERED AS?

WHICH OF YOUR VALUES DO YOU WANT TO IMPART TO OTHERS?

(After ten minutes- pass out the question sheet)