

Brochos party

The Bracha Party is a useful tool in introducing brachos into the TJJers life. You should buy all sorts of foods covering each bracha. The point of this party is to show the TJJers that making a bracha is very easy. You should split up the brachos to each advisor so they could prepare a short introduction to each brachah. You then will say the bracha out loud with everyone.

Take advantage of this time in teaching the brachos to them as well and not just learning about them. Some TJJers might be interested in Asher Yatzar so make sure you cover that as well, and why it is important. Talk about the brachot on rainbows and thunder, on seeing an old man, or a righteous person. You can do a trivia, holding up food and asking which bracha you make on it. Be creative.

Some tips

- ❖ Don't do the party when the kids are hungry- it will end up being a food grabbing situation. Rather do it as a tisch on Friday night after the meal or as a post meal activity any other time.
- ❖ Keep in mind dairy food issues after meat meals
- ❖ Be aware of any allergies

Transliteration & Translation of Some of the Brachot

Generally, all the Brachot have the same beginning. "**Baruch ata ad-onay, elo-heinu melech haolam...**" "Blessed are you G-D, our Lord king of the world..."

- **For Bread:** "...Hamotzie lechem myn ha'aretz". "...Who brings forth bread from the Ground."
- **For Wine & Grape juice:** "...Boreiy pree hagafen". "...Who creates the fruit of the wine."
- **For Cakes & cookies etc.:** "...Boreiy minei mezonot". "...Who creates various types of foods."
- **For Fruits from trees:** "...Boreiy pree ha'etz". "...Who creates the fruit of the trees."
- **For Vegetables:** "...Boreiy pree ha'adamah". "...Who creates the fruits of the ground."
- **For Drinks, Meat, Fish, Cheese:** "...Shehakol Nihyah bidvaro". "...Everything was created through his (G-D's) words."